

Minnehaha Mills RC Pudding Mixes

Nutrition Facts

32 servings per container

Serving size 4 fl oz. (32g)

Amount Per Serving

Calories **50**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 8g **3%**

Dietary Fiber 0g **0%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 3g **6%**

Vitamin D 0mcg **0%**

Calcium 130mg **10%**

Iron 0mg **0%**

Potassium 0mg **0%**

Vitamin A **6%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.